

October 24, 2005 – Subject: Everlasting Punishment.

DEAR FRIENDS: Mary Baker Eddy gave her students 26 subjects for weekly Bible Lessons, to be covered twice yearly. Flowing through the year in her order of the subjects, we hereby present fresh views of each one by outstanding Christian Scientists. In this way, we hope to partake with you of new unfoldments of her infinite revelation.

Our selection this week is from – “Principle and Practice” by Doris Grekel, C.S.

THE SEVENTH DAY

This is the day the Lord hath made. Let us be glad and rejoice in it.

An early and outstandingly fine teacher of Christian Science wrote a short article entitled “Day” which has been a great help to many students. It is as follows “When you wake up in the morning, you, everybody, should realize and repeat understandingly, at once: ‘There is only one Mind,’ and realize this before the mesmerism of the day is taken in, establishing the truth about Day (Glossary S.&H.) Establish the truth that Day is unfoldment, not a period of time. Know that the false belief of time has no dominion over you or anybody. You have dominion over it.

“Establish your day as consciousness and unfoldment. There is no daily routine. When you wake up know that you have time, and opportunity too, for all the things that you will need to do this day. Declare that there is one Mind that governs all things All things are already done in Mind, and you have not a thing to do but be clear in consciousness, that Mind may unfold. If you stick to this you will have plenty of time and opportunity to take care of each moment.

“Know in the morning that this day is the unfoldment of His plan; that it is God’s day and not governed by time. It is unfoldment, revelation, and inspiration that does not know beginning or end. All incidents of God’s day are already provided for you and will follow each other in order.

“Scientifically, what have you to do today? You have not one thing to do but know the truth. When confronted with 16 hours of work, just

know the truth the first thing. Don't start out with, 'I have to go downtown – do this or that,' for in that way you are mesmerized already. When you get started is not the time to know either. Know before you start the day, especially people who go to work.

"Infinite unfoldment never began, never ends; is never interrupted for a moment; and when you are declaring Christian Science (the ever unfoldment of God's day, plan, and purpose) that is healing to your day. Infinite Love knows no limitation; it cannot be restricted in achievement and its law is irrevocable and cannot be interfered with.

"This day does not begin or end; nor does it bring us any nearer the tomb, in belief or at all. This day brings you and me and everybody nearer immortality. This day is the very action of Omniscience. There is no power manifested in this day but. Omnipresence. This day has divine order, and it comes about scientifically. All requirements of this day are, established and do not require time.

"This day is Spirit and not matter. Do not let material sense say, 'I am' to any incident of creation. This day is immortality revealed and demonstrated. No problem can enter God's day. Mind is not employed with problems. Mind unfolds ideas without interruption. It has all versatility, turning with ease from one subject to another; all originality, all variety. It is infinite, and all its manifestations are complete, whole, and satisfied, for man is a state of God's complete and supreme satisfaction. Health means wholeness. One does not have to appear as anything but whole. The original meaning of health is just that; to be complete, nothing wanting, nothing lacking, and health we must have, for it is divinely natural. Everybody can have it who claims it. It can be had in Christian Science, because Christian Science reveals the law and science of life in Christ. It needs to be and can be demonstrated.

"This daily work will do an immense amount of good that you cannot appreciate at once"

How true! This daily work "will lift the shade of gloom" from our day. It will prove that we truly live and move and breathe in atmosphere of Love divine, not because we repeat the words, but because we experience the effortless joy, power, and dominion of God's day. It

will bring us to an understanding of the seven days of creation and the seventh day.

The seventh day is an understanding that nothing is static, that all Life, all being, is dynamic, forever new, forever fresh, forever appearing. There is no daily routine for Principle has never repeated itself. It is novel from everlasting to everlasting. What you do today has never been done before and will never be done again. It is perfection appearing right now, right where you are and it must ever continue to appear from the nature of its inexhaustible source. What looks like routine is the, perfect order of the dynamic perpetual motion of infinite Spirit.

My day is God's day. It is the irradiance of Life, the light of Truth, the splendor of Spirit, the spiritual idea of Love. There is only one day, the sabbath of the Lord thy God.

We should greet each morning with the realization "There is only one Mind" and reaffirm it every hour of the day, for this great truth is the exterminator of all error. No problem can enter this day, for this day is God's day and God is not employed with problems. God is good and God is all. No lack can enter this day, for this day is the uninterrupted unfoldment of infinite Mind whose ceaseless ideas provide all substance and supply.

This day is not governed by time, for day is a spiritual idea and time is a human error to be outgrown. Time is merely counting revolutions about the sun. Lift thought from the earth for a moment and we discover that there is no solar time. In this light our day expands and we see how one day is truly as a thousand years. The human invention of earthly time has no power over God's day and cannot limit or hinder accomplishment.

There is no need to rush during this day, for all of God is right where we are. The entire pageant of creation is appearing here and now. The omnipresence of God enables us to be wherever we need be as effortlessly as the sun rises or spring arrives, never hurrying and never late.

Everything that is to be accomplished today is already established in Mind. We have no responsibility whatsoever to make anything

work. All business is God's business. We cannot make ideas manifest; but by holding consciousness to the fact that there is only one Mind we illumine spiritual understanding and behold that Mind and manifestation are one, demonstrations are instantaneous, and a thousand years are as one day. There is no limit to the accomplishment of good in this day.

This day is a day of opportunity. Eternal realities are ever appearing as ceaseless opportunities: You are the son of God and all that the Father hath is thine. Open your eyes to behold the wonders that Mind has prepared, the magnificent manifestations of the great architect.

This day is the unfoldment of creation – forever new, inspiring, spontaneous, beautiful. Each moment is a revelation of the magnitude, power, and glory of God.

This day is infinite. It is the seventh day of creation in which we realize that all being is the glorious unfoldment of infinite Principle. This day is the day in which time disappears in eternity. "Remember the sabbath day, to keep it holy." Remember the seventh day, to keep it entirely spiritual. "Six days shalt thou labour, and do all thy work." And it is work! Because for "six days" we are believing that creation is material and that man is a creator. Consequently, we have to do everything; we have to make everything work. It is work; but it won't work. It must be given up in the light of the seventh day, in the understanding that God is the only cause and creator and that creation is entirely spiritual. In this realization, the six days of labor disappear in the seventh day, in the knowledge that "God rests in action." For "the seventh day is the sabbath of the Lord thy God." Who is the Lord thy God? It is he in whom we live and move and have our being, and when we understand this, the seventh day is truly the sacred day of our being, of all being. "In it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates."

The world has established a standard whereby a man should work for a certain period of time and then he is entitled to rest, to retirement. In some cases his children, the next generation (thy son and thy daughter) are expected to support him. In some cases he

has acquired enough to hire others to work for him (thy manservant and thy maidservant). Some live off investments (thy cattle). But this is not the seventh day, the true day of rest. The seventh day is the knowledge that creation is a continuous unfolding of infinite good from a boundless basis. It is the understanding that all is spiritual, a ceaseless revelation of blissful being, the forever appearing of the multifarious objects of creation from an inexhaustible source. It is feeling the rhythm of the universe and knowing that infinite Mind rests in this glorious activity of creating.

We have not a single thing to do today but keep our consciousness clear that we may see this marvelous creation unfold in our experience. This is not labor; it is a joy, a blessing, and a thrill. In this consciousness that there is only one Mind, which rests in action “thou shalt not do any work; thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates.” Even thy stranger (not the stranger, but thy stranger) is exempted from work in this exalted state of consciousness. Everything within thy gates, that is everything thy thought rests upon, is caught up in this unlabored rhythmic round of unfolding bliss.

Dear friend, I know whereof I speak. I have seen a normal month’s work accomplished in a day with such precision and effortlessness that it seemed a perfectly directed stage play with everything on cue. Once seen, nothing less will satisfy.

“For in six days the Lord made heaven and earth, the sea, and all that in them is.” In Miscellaneous Writings Mrs. Eddy says, “the six days are to find out the nothingness of matter.” For six days our concept of the Lord made our beliefs of heaven and earth, the sea, and all that in them is; but being unable to reconcile material beliefs with spiritual reality, we approach the seventh day, we desist from exertion, acknowledge that God is all, discover that “God rests in action,” and we rest. In Mrs. Eddy’s words, “the six days are to find out the nothingness of matter; the seventh is the day of rest, when it is found that evil is naught and good is all.”

“Wherefore the Lord blessed the sabbath day, and hallowed it.”
Wherefore infinite intelligence blessed this sacred day of our discovery that God rests in action and made it blissful and joyful.

Today is the day in which we learn how Spirit has created men and women in Science. This is the day in which it is found that evil is naught and good is all. This glorious discovery is realized today, for this is the day the Lord hath made. This is the day that the morning stars sing together and all the sons of God shout for joy. Behold, we are the sons of God.

Remember the seventh day, to keep it entirely spiritual.

Your Donations Make It Possible

Maintaining a site as complex as www.mbeinstitute.org can be a daunting and costly task, but with the assistance of visitors like yourself, we will be able to continue to provide the quality articles and information you've come to depend on. We sincerely appreciate your kindness and generosity. Please mail or click for secure online transfer of your tax-deductible donation today.

Name: _____

Address: _____

_____ (your receipt will be mailed to this address)

Phone: _____

Email: _____

Mail to: The Mary Baker Eddy Institute
3350 North Key Drive, #B313
North Fort Myers, FL 33903



Secure Online Transfer: [Paypal](#)